



## Prevention and Control Measures: Respiratory Syncytial Virus (RSV)

### Transmission:

- RSV can be spread from close contact with mouth or nose secretions from an infected person, even before signs or symptoms appear.
- The virus can also live on surfaces for many hours and be a source of infection.

### Prevention and Control Measures:

- Always cover your mouth with a tissue when coughing or sneezing. Cough or sneeze into your upper sleeve or elbow, if you do not have a tissue available.
- Dispose of used facial tissues that contain nasal secretions.
- Avoid touching your face with unwashed hands.
- Practice proper [hand washing hygiene](#).
- Avoid close contact, such as sharing cups or eating utensils, with someone who has RSV.
- If possible, stay home from work, school or public areas when sick so that others are protected from catching your illness.
- Clean and disinfect frequently touched surfaces or common areas with 1:10 parts bleach and water solution. Allow the solution to sit for 10 minutes before wiping away. Always follow the cleaning product's manufacturer label.



[http://www.cdc.gov/hicpac/Disinfection\\_Sterilization/6\\_0disinfection.html](http://www.cdc.gov/hicpac/Disinfection_Sterilization/6_0disinfection.html)

### For More Information:

Visit [cdc.gov](http://cdc.gov) and type [RSV](#) in the SEARCH box.



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